

From the Directors

January 2025

Jim & Dee Dee Evans

Hello All,

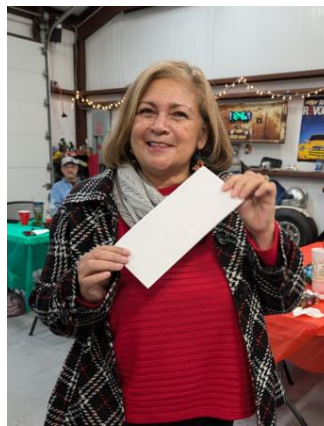
Our Annual Christmas Party was another great time at Richard Seay's Man Cave. A good assortment of food and dessert was brought for lunch. After lunch several of us modeled our sweaters for the ugliest sweater and prettiest sweater. We then had our gift exchange which took some time due to the present stealing. Several gifts were frozen from being stolen.



During the gift exchange people voted for the person with the ugliest and prettiest sweater. Kathy won the prettiest, Dawn won 2nd and Lyle 3rd. I won the ugliest, Al 2nd and Claire 3rd. Kathy and Jim also received hand-made crowns to wear for this awesome accomplishment.



Ken also had the end of year drawing, tickets collected from the rides were used to draw for MONEY!!! Kathy, Cindy and Dee Dee were winners!!



To spread some Christmas cheer, I put my ugliest sweater crown on Sheri for her to take home.

Mark your calendars now, our next Christmas Party will be December 6th, 2025 (first Saturday in December).

Gayle Thomas announced that she will be moving to assisted living. Please feel free to call her and continue to visit. She is now at the Parmer Woods in Ausin, just south of Parmer Lane between Metric

Bldv and North Lamar Blvd. The address is 12429 Scofield Farms Drive #127, Austin, Tx 78758. We will again have our Gene Thomas ride in February and have lunch following at the Catfish Parlor in Georgetown.

Our Annual Polar Bear Ride is set. January 1, 2025, members of Central Texas Wings will gather in Killen and ride to Florence. Members of Capitol Wings will meet them at Buddies around 9:45 am located at 713 E Main St, Florence, TX 76527. KSU at 10 am for a ride on the back roads to the Dead Fish Grill arriving around 11 am located at 2207 Lake Rd, Belton, TX 76513. It will be great to see some of our Members and Friends that we haven't seen in a bit.

Dee Dee and I also attended the Central Texas Wings Christmas Party held at Todd and Bridget Carr's home in Kileen. More great food and great friends who also had a gift exchange. Considerably less stealing of gifts and we all had fun.

UPCOMING EVENTS

January 1: Capitol Wings Annual Polar Bear Ride.

See details above in Directors News or go to GroupSpot for details

January 19-26, 2025: Wingers and Waves Cruise. Reservation form can be found at www.capitolwings.org ([Capitol Wings Austin TX](http://www.capitolwings.org))

March 13-15, 2025 – Florida District Rally – “Roaring 20’s Ride” – Gainesville FL

<https://www.ewma-florida.org/rally.html>

April 10-13, 2025 – EWMA TEXAS DISTRICT – Yellow Rose Ride-In – Kerrville TX
flyer included below or get more info at www.ewma-tx.org

April 24-26, 2025 – Louisiana District Rally – Ruston, LA
flyer is available on Group Spot

May 15-17, 2025 – Arkansas District Rally – “Remembering M*A*S*H 4077” - Harrison AR
[2025 Arkansas District Rally - Events - Eagle Wings Motorcycle Association](https://www.ewma-tx.org/2025-Arkansas-District-Rally-Events-Eagle-Wings-Motorcycle-Association)

May 29-31, 2025 – Missouri District Rally – “Eagle Wings in the Ozarks” – Branson, MO
https://www.ewma-world.org/content.aspx?page_id=4002&club_id=719997&item_id=2395118



1/1 – Juan V
1/3 – Mark H
1/9 – Boonmee L
1/23 – Patty B
1/25 – John O
1/26 – Charlie D



1/27 – Harry & Polly B

FOR SALE

Our friend Dexter Poullard has a few items he'd like to sell. See the details and Dexter's contact info below.

BUSHTEC CARGO TRAILER TAG ALONG	TAG ALONG	Heel-Toe Shifter	10 inch Table Saw
Cabaret Red	Small storage unit that attaches to exiting hitch	Matt Black	Precision Rip Fence
Chrome 8-spoke wheels	Made from OEM saddlebags from trike conversion	New – never used	36 inch rip capability
Chrome wheel trim	Cabaret Red with custom pinstriping	Fits a Goldwing or F6B 2001-2017	Recently refurbished with new alignment, paint, power cord and drive belt
Chrome Tongue	Working OEM lights		Mounted on custom made mobile stand with 4 inch dust collection port
Chrome Hitch w/ Lock	Perfect Condition – No Dents, Dings or Scratches		New and unused zero clearance table inserts
Custom Pinstriping			
Ice chest w/cover mounted on tongue			
Front Bra rock Protector			
Fully Lined Interior			
Hand Pump for air ride system			
Mounted Spare Tire			
Snap-in Suit Bag			
Two Full Covers – Rain & Dust			
Owner Manual and Receipts			
Perfect Condition – No Dents, Dings or Scratches			
\$1800 or OBO	\$250 Firm	\$75 Firm	\$400 Firm
Contact Dexter Poullard 512-470-8715			

What is the New Year Resolution all about?

Taken from the Internet (T Sprague)

A New Year's resolution is a tradition, most common in the Western World but also found in the Eastern World, in which a person resolves to continue good practices, change an undesired trait or behavior, accomplish a personal goal, or otherwise improve their behavior at the beginning of a calendar year.

Around 2000 B.C., the Babylonians celebrated the New Year during a 12-day festival called Akitu. This was the start of the farming season to plant crops, crown their king, and make promises to return borrowed farm equipment and pay their debts.

The Babylonian New Year was adopted by the ancient Romans, as was the tradition of resolutions. The timing, however, eventually shifted with the Julian calendar in 46 B.C., which declared January 1st as the start of the New Year and began each year by making promises to the god Janus, for whom the month of January is named.

In the medieval era, the knights took the "peacock vow" at the end of the Christmas season each year to re-affirm their commitment to chivalry.

This tradition has many other religious parallels. During Judaism's New Year, Rosh Hashanah, through the High Holy Days and culminating in Yom Kippur (the Day of Atonement), one is to reflect upon one's wrongdoings over the year and both seek and offer forgiveness. People can act similarly during the Christian liturgical season of Lent, although the motive behind this holiday is more of sacrifice than of responsibility. The concept, regardless of creed, is to reflect upon self-improvement annually.

The 1671 diary of Anne Halkett includes an entry on January 2 titled "Resolutions", which contained a number of religious pledges taken primarily from bible verses, such as "I will not offend anymore."

By the beginning of the 19th century, the tendency of people to make (and fail to keep) resolutions was commonly known and satirized *Walker's Hibernian Magazine* in 1802 contained an article stating that "the following personages have begun the year with a strong of resolutions, which they all solemnly pledged to keep", then listing a series of obviously fictitious resolutions. An early instance of the complete phrase "new year resolution" is found in a January 1st issue of a Boston newspaper from 1813:

And yet, I believe there are multitudes of people, accustomed to receive injunctions of New Year resolutions, who will sin all the month of December, with a serious determination of beginning the New Year with new resolutions and new behavior, and with the full belief that they shall thus compensate and wipe away all their former faults. The end of the Great Depression, about a quarter of American adults formed New Year's resolutions. At the start of

the 21st century, about 40% did. In fact, according to the American Medical Association, approximately 40% to 50% of Americans participated in the New Year's resolution tradition from the 1995 Epcot and 1985 Gallop Polls. A study found 46% of participants who made common New Year's resolutions (e.g. weight loss, exercise programs, quitting smoking) were likely to succeed, over ten times as among those deciding to make life changes at other times of the year.

Evidence for actual behavioral changes after New Year's resolutions is mixed. The effect is most pronounced immediately after the New Year, but decreases soon afterwards. Approach-oriented goals, rather than avoidance-oriented goals, can lead to better results

In a 2014 report, 35% of participants who failed their New Year's Resolutions admitted they had unrealistic goals, 33% of participants did not keep track of their progress, and 23% forgot about them; the remaining respondents claimed they made too many resolutions

A 1972 study of 382 students at the University of Wisconsin showed minimal impact of New Year's resolutions on weight loss commitments, with the study finding that making a resolution or being monitored did not significantly affect weight loss.

A 2007 study by Richard Wiseman from the University of Bristol involving 3,000 people showed that 88% of those who set New Year resolutions fail, despite the fact that 52% of the study's participants were confident of success at the beginning. Men achieved their goal 22% more often when they engaged in goal setting, wherein resolutions are made in terms of small and measurable goals (e.g., "lose a pound a week" rather than "lose weight").

As for me (Tom) I made a New Year's resolution back in 1998 to make no more New Year's resolutions. To date, I have kept my resolution and I am proud that I have followed through with this resolution. How about you?

TEXAS



EAGLE WINGS MOTORCYCLE ASSOCIATION



WWW.EWMA-TX.ORG

Yellow Rose Ride-In

April 10th – 13th, 2025

Y.O. Ranch Hotel, Kerrville, Texas

Special Rate \$129 a night (EWMA 2025)

Reservations: (830) 257-4440

Early Registration:

\$ 15 per Person/\$25 per Couple

3 Days of Scenic Led and Self Guided Rides

25-25-25-25, Ice Cream Social,

Drawings & prizes!

[Click to Register](https://form.jotform.com/242893550798170)

<https://form.jotform.com/242893550798170>

IMPORTANT NOTICE TO ALL MEMBERS

We are asking all members to add CWAMEMBERS@CAPITOLWINGS.ORG to their address book so that emails from us won't go to the Junk Folder. You should have already received an email from this address. If you haven't, check your Junk Mail.

Website Links:

Capitol Wings: [Capitol Wings Austin TX](#)

Texas District: [EWMA-TX](#)

EWMA National: [Home - Eagle Wings Motorcycle Association \(ewma-world.org\)](#)